The Best Of Ukrainian Cuisine (Hippocrene International Cookbook Series)
This compendium of Ukrainian cookery contains more than just your typical babka and borshch—it features more than 200 authentic Ukrainian recipes with the special touch that, until now, only a Ukrainian grandmother could provide. The Best of Ukrainian Cuisine gives away grandmother's trade secrets, enabling cooks to create everything from a simple salad to an entire Ukrainian feast. Living up to its name, this cookbook offers recipes for Ukrainian favorites, such as kasha (buckwheat groats), potato pancakes, and stuffed cabbage, along with popular contemporary dishes like pike sautéed in sour cream and apple babka. The inventive cooking techniques and wide variety of ingredients found in Ukrainian cuisine provide dishes that are rich in flavor and nutrition, as well as easy to prepare. Includes a complete list of menu items in Ukrainian and English.

**Book Information**

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**Customer Reviews**

Born in Lviv, Ukraine, Bohdan Zahny learned traditional and contemporary Ukrainian cooking from his mother and grandmother. He later honed his culinary skills with well-known Ukrainian chef T.J. Tatshan.

Many detailed recipes of Ukrainian origin. However, like many "ethnic" cook books, somewhat biased to the author’s own family/regional experience. One important omission: no recipe for spinach borshch, based on spinach rather than the usual cabbage + beets. Similarly, the single recipe for sorrel borshch is really a beets + sorrel recipe.
I really like this recipes, because of I think these’re native. I want to make these dishes by this recipe book.

Bough it for my wife how to cook Ukrainian food. Now I’m 20lb + happy :)

I have a Ukrainian daughter in law and we are looking forward to trying some of the recipes she remembers as a child :)

Being Ukrainian, I got this cookbook with the expectation of seeing some new and interesting recipes I’d never seen before. Instead I found things I’ve NEVER heard of being called Ukrainian recipes. It was definitely not even worth the shipping cost, let alone the time I spent looking through it. I hope the next Ukrainian cookbook I get is better than this one.

I have many Ukrainian Cook Books because I am of Ukrainian Heritage. I was in Ukraine and noticed how each famous dish is created in different ways from each region. This book provides me with recipes from each region. We plan to have a borsch cook off. Ukrainian Cusine has 19 Borsch recipes. Borsch to Ukrainians is like Chili is to America. This book is a great complement to my Ukrainian Book Collection. From appetizers to dessert, and beverages, it offers you a a good traditional and contemporary view of Ukrainian Cuisine. Myroslawa H.

I didn’t think there would be a lot of recipes I could use, but I like ethnic cookbooks and decided to check it out. I was pleased and surprised to see a few recipes labeled vegetarian. Then I looked at them. Dear publishers, it’s a pretty firm rule that vegetarian and lard should never appear in the same recipe (Volyn-style vegetarian borsch).

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